

September 2021

Children's Community Health Hub
Children's Services
Woburn Court
2 Railton Road
Kempston
MK42 7PN

Tel: 0300 555 0606

Email: ccs.bedsandlutonchildrenshealthhub@nhs.net

www.cambscommunityservices.co.uk

Dear Parent / Carer

Re: Healthy Child Programme for School-aged Children

The School Nursing Service routinely visits schools as part of the Healthy Child Programme and to support with the National Child Measurement Programme.

At this school based visit the team will measure your child's height and weight.

You will be informed of the results of the measurements and these will be recorded onto your child's electronic health records, which can be seen by your GP and other health professionals, such as the audiology service.

- **If you are happy for the School Nurse team to see you child you do not need to do anything.**
- **If you do not want us to measure your child, please inform your child's school in writing.**

For information on how we use your data and why, please refer to our privacy notice [www.cambscommunityservices.nhs.uk]. The results will also be sent to the local authority Public Health department, who will send the data onto Public Health England anonymised and with no reference to your child.

The School Nursing Service can offer advice and support for a range of physical, developmental and emotional health needs. If you require help with any of the following:

- Your child has any health issues or needs which require support in school, such as asthma, allergies or epilepsy
- Your child's emotional wellbeing, low mood, anxiety, low self-esteem
- Your child's risk taking behaviours e.g. pushing boundaries, smoking, substance misuse, internet safety
- Your child's diet and eating habits
- You are concerned about your child's development, interaction with others or behaviours
- Your child's body changes or talking to them about sex and relationships
- Your child is wetting or soiling during the day or night, you can also visit www.eric.org.uk for more information

Please contact the Children's Community Health Hub on the above telephone number, who will ask for your child's name, date of birth and the school they attend so you can be directed to the school nurse team in your area.

Yours faithfully

School Nurse